



Kelli Nielsen



TheGriefGuru

Speaker | Author | Coach

Advancing through Adversity

Kelli's Advancing Through Adversity talk will equip audience members to harness the gifts and lessons learned in adversity in order to move forward on purpose, in purpose. Kelli shares her own personal story of tragedy after losing her mother to suicide and then her son to an accidental overdose just a year later. She not only shares the heartache of losing both a mother and a son to drug overdoses, but the lessons she's learned along the way and her Grief Relief Process which is now being taught around the country to help people find hope and healing after trauma or loss.

"I am so thankful for the strength, growth, and new clarity their passing has provided in my life. I'm dedicated to encouraging those affected by trauma and loss to keep moving forward and grab hold of all the gifts God has for them!"

- Kelli Nielsen



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A portrait of Kelli, a woman with short blonde hair, wearing black-rimmed glasses, a black top, and a mustard-colored suede jacket. She is looking directly at the camera with a neutral expression. The background is a plain, light grey color.

About

Kelli didn't grow up with visions of becoming The Grief Guru, but life had other plans. After losing her mother to suicide in 2017 she found herself swept out in a sea of grief. Barely able to get through the days she looked for help and was discouraged when she didn't find the support or tools to recover. Thankfully an encounter with an inspiring speaker showed her that healing was in fact available to her. She decided then and there to dedicate herself to recovering from grief. She studied, prayed, documented her process and progress, and began to recover.

Her recovery came not a moment too soon as just a year later her 20 year old son Quintin died of an accidental drug overdose. After his passing, Kelli applied the recovery skills she had learned. As she shared Quintin's life story and her message of hope with many, she discovered her life's calling.

Kelli has since become a speaker, author, and coach. Her book, *You're Not Crazy, You're Grieving*, shares the process she used to heal from her tremendous losses. She also founded The Grief Guru, a company focused on helping others learn to move forward on purpose, in purpose and love their lives after loss. The Grief Guru and facilitator team members offer courses on loss and grief; a grief recovery community, weekend grief retreats, as well as physical products and tools to help those who are dealing with loss.

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As Featured On:



Speaker Rating: 5/5



Kelli is a truly gifted speaker. She is engaging, relatable, and never fails to inspire. If you are looking to wow the room, I highly recommend Kelli for your next event.

- Fawn Volkert, Path to Freedom

Kelli is confident, intelligent, and engaging. Her personal testimony and anointing as a public speaker is a rare and powerful combination.

- Rev. Kevin C Haggerty, The Godlogic Project

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Testimonials

Kelli has been featured as a guest speaker for our company to our audience and she is phenomenal! Anyone who gets the chance to have her speak to their audience should jump on that opportunity! Her message and how she delivers it will have a profound impact on the lives of the listeners!

- David B Hughes, Co-Founder, LOVEco

As a pastor for 25 years I can say clergy deal with grief and loss more than anything else. We can proclaim the Gospel to those who lose loved ones and that takes away some of the sting of death, but so much more is needed. If a community is lucky they may have a grief group available, but so many of them are nothing more than support groups where too many remain stuck in their grief for far too long. Healing from grief is a process and unless there is help to move through it can remain unresolved.

Kelli Nielsen has developed practical and effective tools that bring healing and vitality. She speaks powerfully from her personal experience and it's clear God is using her to help so many stuck in their grief. You need to hear what she has to say.

- Rev. Dr. Ed Treat, Center of Addiction & Faith



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Kelli's Book

In *You're Not Crazy, You're Grieving* you will find:

- Kelli's 5 step process for Advancing Through Adversity
- Exposing the misconceptions around grief and the beliefs that are unknowingly keeping you stuck
- Tools for exercising radical self care...now is not the time to get sloppy with self care, it's a life saver
- Thought control and redirection techniques, yes you can control your thoughts, even overwhelming grief

* For every paperback copy sold, \$1 is donated to Qs Army, Kelli's non-profit helping families recover from the loss of a loved one due to overdose in honor of her son Quintin.



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